



Reach the Peak in your Performance!

ViSalus Pro™ is a unique **Powdered Energy Drink** formulated with special nutrients for athletes or those that just want healthy, boosting energy. Mixes with water or other beverages. Helps support stamina, muscle recovery, and endurance and can assist in the cellular recovery post workout.* Use before or during your workout, or anytime you need a lift that lasts!*

Balanced Energy Health Benefits

This unique blend includes natural plant extracts and vitamins, to help balance your energy levels throughout the day, helping with:

- Muscle energy, endurance and performance*
- Higher energy levels for exercise and daily activities*
- Free radical defense*
- Helps the body's ATP production*
- Supports the body's Nitric Oxide production*

ViSalus Propriety Pro™ Blend Gives You What Your Body Needs*

- **Apple Extract** for added energy and maintaining a healthy weight.* And fights exercise fatigue that can limit your performance.
- **Resveratrol** can slow the negative consequences of a sedentary lifestyle like insulin resistance and loss of bone mineral density.*
- **Citrulline Malate**, an amino acid found in watermelon juice, helps the body make Nitric Oxide, which increases blood flow and helps generate ATP (Adenosine TriPhosphate) the main molecule of energy in the body.
- **Isomaltulose** is a low-insulinemic sweetener that supports improved fat oxidation during physical activity.
- **D-Ribose** a natural energy source for the body, it helps with muscle energy and recovery.*
- **Eleuthero Extract (Ginseng)** helps enhance stamina and stimulate the immune system.*
- **Rhodiola Extract** can help improve mental and physical performance, and help combat fatigue.
- **Eight Essential Vitamins** that can help maintain healthy brain function, aid metabolism, and help maintain healthy blood sugar and blood pressure levels.*

SUPPLEMENT FACTS

Serving size: 1 Packet (13 g/0.46 oz.)

Serving Per Box: 15

Ingredient	Amount	% Daily Value
Calories	41	
Sodium	10 mg	<1%
Potassium	10 mg	<1%
Total Carbohydrate	10 g	3%
Sugars	10 g	
Vitamin A	750 IU	15%
Vitamin C (as sodium ascorbate)	60 mg	100%
Vitamin E (as dl-alpha tocopherol acetate)	15 IU	50%
Thiamin (as thiamine mononitrate)	1.5 mg	100%
Riboflavin	3.4 mg	200%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Proprietary Pro Blend	1,965 mg	**

Citrulline Malate, D-Ribose, Natural Caffeine Powder (from coffee beans), Glucuronolactone, Whole Grape Extract (Vitis vinifera)(fruit), Grape Seed Extract (Vitis vinifera)(seed), Rhodiola Extract (Rhodiola rosea)(root), Eleuthero Extract (Eleutherococcus senticosus)(root), L-Theanine (from green tea), Apple Extract (Malus domestica) (fruit), Resveratrol (Polygonum cupdatum)(root)

Percent Daily Values (%DV) are based on a 2,000 calorie diet.

* Daily Value (DV) Not Established

Other Ingredients: Isomaltulose, Natural and Artificial passionFruit Flavor, Citric Acid, Acesulfame Potassium, Beta Carotene, Stevia Extract, Talin (thaumatin).

Allergen Warning: Manufactured on equipment that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

Not Recommended For Children, Pregnant Women Or People Sensitive To Caffeine. Store In A Cool Dry Place.

Directions: Can be mixed into water or any beverage, hot or cold, 8–16 ounces. Take a sip from a bottle of water, add the drink mix, shake and enjoy. Do not exceed four servings per day.

Did You Know?

According to an article on Citrulline Malate in the August 2002 "British Journal of Sports Medicine", it was found that Citrulline Malate promotes aerobic energy production in human exercising muscle.

In the study, 18 men complaining of fatigue were administered 6 g of Citrulline Malate for 15 days, which resulted in reduction in fatigue, 34% increase in ATP production during exercise, and 20% increase in rate of recovery after exercise. As result, it was concluded that changes in muscle metabolism produced by Citrulline Malate helps promote aerobic energy production.

Source: <http://www.ncbi.nlm.nih.gov/pubmed/12145119>